

OSU Shihans, Senseis, Sempais and Dojo Leaders

This year Kaicho Royama 🇯🇵 together with Shihan Ishijima Masahide 🇯🇵 and Sensei Yusuke Usui 🇯🇵 will visit our Trimmiser Cup and give a seminar.

Japan will send additional fighters to participate at the Trimmiser Cup. Kaicho Royama and his team will lead a seminar at the Domenig Stadion on Friday and Sunday and will be present at the Trimmiser Cup on Saturday.

I will gladly send you here all-important information about the Trimmiser Cup and the seminar.

Trimmiser Cup 2023:

Registrations for the Trimmiser Cup can be made directly at <https://smoothcomp.com/en/event/8673> - as it was possible the years before. On www.trimmiser-cup.ch you will find all important information about possible hotel options on site, tickets, regulations, schedule, and the coach information.

To not miss any news from the Trimmiser Cup, you can join the group here. Or write me a WhatsApp +41787423306 <https://chat.whatsapp.com/LxhXwuudB7ElwSDglvJA10>

Kaicho Royama Seminar:

I am very happy and honored to welcome Kaicho Royama personally in Switzerland this year. Kaicho Royama and his team will lead a very exciting and instructive seminar on Friday and Sunday around the Trimmiser Cup. The seminar itself will also take place at Domenig Stadion - the seminar trainings will be open to the public for spectators/accompanying persons. On Sunday morning we will have a very special training at Lake Cresta in Trin – so we will start the day with a special highlight. I am incredibly looking forward to this special training at the lake with all of you. After the training there will be the possibility to go swimming before we will continue the seminar at Domenig Stadion and will finish it with the Dantests.

You can also find all information about the seminar on the homepage of the Trimmiser Cup at: www.trimmiser-cup.ch

Prices:

- Participation whole seminar 150 CHF/EURO incl. Trimmiser Cup spectator entrance fee
- Participation only Friday 50 CHF/EURO
- Participation only Sunday 120 CHF/EURO

On Sunday a lunch in the stadium is organized against payment.

Program:

Fri, 16.06.2023

15.00-17.00 first session (EHC Stadium)

Sat, 17.06.2023

Trimmiser Cup (EHC Stadium)

Su, 18.06.2023

07.30-08.30 Morning training by the lake (Crestasee)

10.30-12.30 (EHC Stadium)

15.00-16.30 (EHC Stadium)

17.00-19.00 Dantest (EHC Stadium)

Registrations for the seminar can be sent directly via EXEL form to Sensei Yves ymathis@hotmail.com. An invoice will be sent to you by mail.

To not miss any news of the Kaicho Royama Seminar you can join the group here. Or write me a WhatsApp +41787423306 <https://chat.whatsapp.com/JEisqS1YDuHLp0SBtCdkhc>

Together with our team Trimmis I am looking forward to many participants and a weekend completely in the sense of our sport!

Osu, Sensei Yves Mathis



**INTERNATIONAL
KYOKUSHIN-KAN
SEMINAR
16-18.06.2023**

**Kaicho
Hatsuo Royama**

**Shihan
Ishijima Masahide**

**Sensei
Yusuke Usui**

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17.00-19.00 Dantest (EHC Stadion)

Switzerland
Thomas Domenig (EHC) Stadion, Grossbruggweg 8, 7000 Chur
Organizer Sensei Yves Mathis Contact: ymathis@hotmail.com
+41 78 742 33 06



BEGINN:
KATA 10 Uhr
KUMITE 13 Uhr

**TRIMMISER CUP
17.06.2023**

**CHUR OBERE AU, EHC STADION
SWITZERLAND**

**VOLLKONTAKT KARATE TURNIER
KATA & KUMITE AB 6 JAHREN**

Infos und Tickets unter: www.trimmiser-cup.ch Kinder unter 16 Jahren zahlen keinen Eintritt